



PROVISIONAL PROGRAMME

Saturday

09.30 – 09.45	Aims and Learning Objectives for the day
09.45 – 10.45	Refresher Hydrostatic and Hydrodynamic principles and properties of water
10.45 – 11.00	Break
11.00 – 12.00	Advances in benefits of Aquatic Physiotherapy and Physiology of immersion
12.00 – 12.45	LUNCH and change
12.45 – 14.45	Pool session - Aquaepps® techniques with a focus on influencing muscle tone, mobilising, engagement and facilitated handling
14.45 – 15.00	Break
15.00 – 17.00	Pool session - Aquaepps® techniques with a focus on influencing muscle tone, muscle activation, motor control and muscle strengthening, stability and postural control.

Sunday

09.30 – 11.30	Interactive sessions Post – op (GMFCS Level IV and V) hip surgery, soft tissue releases, spinal fusion etc: SDR (GMFCS Level IV and III), NMD's, (if time GMFCS Level's I/II). Outcome measurement, complex cases
11.30 – 12.30	Problem solving and treatment planning theory
12.30 – 13.15	LUNCH and change
13.15 – 14.15	Pool session reflection and consolidation of learning from day 1 Aquaepps® techniques with focus on transitions, sequencing of movement and dissociation
14.15 – 14.30	Discussion
14.30 – 16.00	Pool treatment sessions, Q and A, reflection and evaluation